

MONTHLY NEWSLETTER

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VISION

“A literate, healthy and self-reliant Community”

MISSION

- *Identify and work with socially and economically backward people, especially girls and differently-abled;
- *Enhance people’s skills, especially of the youth;
- *Promote community self-reliance through community participation.

ABOUT NIPUN

“NIPUN” - a Hindi word, meaning ‘one who is skilled’ - is a Non Government Organization founded by a group of socially conscious development workers in 2005.

Its primary aim is to enhance quality of life of the poor and the vulnerable children, youth and women are its target group, with physically and mentally challenged children and adult forming a priority category. Pre, Non-formal and Remedial Schools, Community Health Programmes and Promotion of Self Help Groups form its major strategies.

- Empanelled by National CSR Hubs of TISS
- Empanelled by Institute of Corporate Affairs
- Registered for undertaking CSR activities, Ministry of Corporate Affairs, Govt. of India (Reg no. CSR00004761)

SUPPORT

You can join our efforts by contributing your time, skills or money for strengthening and improving our programmes. You can also donate computers, books, toys, medicines, ration, furniture etc. for our various programmes. Please note that donations made to NIPUN are eligible for 50% tax exemption under Sec 80G of the IT Act.

HIGHLIGHTS

World Cancer Day: NIPUN Created Awareness

World Cancer Day is celebrated around the world on 4th February to spread information and encourage people about cancer prevention, early detection and treatment.

In India, the incidence of Cancer is increasing rapidly; therefore it is important to step up Cancer Literacy and knowledge amongst the community. In order to orient the attention of the people towards the prevention of Cancer disease, before World Cancer Day 2023, NIPUN with the support of Dr. Rekha Garg & Ms. Seema Khurana, NAB organized an awareness program on Cancer with the trainees of NIPUN Vocational Training Centre, West Delhi.

Dr. Rekha Garg delivered a talk on Cancer which included useful information regarding different types of Cancer, symptoms, and the prevention of Cancer. Cancer information leaflets in the local language were also distributed by the team. Queries by the participants along with myths and misinformation were clarified. 38 trainees of Beauty Wellness & Self Employed Tailor course attended the same.



Cancer Detection Camp

A Cancer Detection Camp was organised at NIPUN's West Delhi project location. A total of forty patients were screened and four suspected cases were identified and were referred for FNAC & advance investigation to rule out the possibility of cancer.



Giftng a Smile to NIPUN Children

Mrs. Vandana Pahuja, a well-wisher of NIPUN gifted different varieties of games like building blocks, puzzles, soft toys and other educational aid which shall cater to more than hundreds of our children in improvement of Social, Language, Concentration, Communication, Creative thinking, Leadership, Confidence, team work and Critical analysis. NIPUN thanks to the donor for their valuable support for the upliftment of the underprivileged Children.



Good Touch & Bad Touch

NIPUN conducted an awareness program on Good touch & Bad touch. During the awareness program, the volunteers sensitized our children in detailed about Good touch or safe touch i.e. is a touch that makes a child feels safe, cared for, & joyful and differentiate the Bad touch or unsafe touch which is a touch that makes a child uncomfortable, scared, or anxious. The session benefitted 80 children in the age group from 8 to 12 years. 40 mothers were also sensitised separately on the same issue.



Community Sensitization Program with the Transgenders

With the support of Delhi State Aids Control Society, NIPUN is running a targeted intervention project for the Transgender at Kapashera, New Delhi. The main objective of this project is to empower the target group and provide them health services and sensitize them towards HIV/AIDs.

A sensitization program was conducted at Kapashera Community, where hundreds of transgenders from Kapashera and it's adjoining areas actively participated and discussed their duties, responsibilities, Govt. policies and strategies for rehabilitation.



Street Play on Acid Attack

To catch the attention of the public and to ensure maximum community participation, a street play was organized to sensitize the community on the subject, 'Acid attack: The crime, the law, regulations and compensation'. The street play was performed by Ashmita Theater Group and was witnessed by hundreds of community members including women and adolescent girls.

A question & answer session was also organized at the end of the session.





Awareness Session on Menstrual Hygiene

Poor menstrual hygiene can pose physical health risks and has been linked to reproductive and urinary tract infections. Creating awareness and openness is one of the most effective ways to help teach girls how to properly manage their menstrual hygiene.

To address the issue, Dr. Aarushi Kehar Malhotra from Group of Friends Welfare Trust (GoWFT) organized an awareness session on Menstrual Health & Hygiene for the adolescent girls residing at J.J. Clusters of West Delhi. The session ended with clearing of doubts, myths followed by question & answer session,.

SPARSH- Give Care & Not Scars Campaign

NIPUN with support of Delhi State Legal Services Authority (DLSA), West Delhi organized a legal awareness program "SPARSH – Give Care & Not Scars, a flagship campaign of DLSA in order to sensitize the general public on the subject, "Acid attack: The crime, the law, regulations and compensation" along with Concept of Free Legal Aid with Toll Free Helpline Number 1516 at NIPUN Basti Vikas Kendra Near Mohalla Clinic, J.J Cluster, Meera Bagh, West Delhi. The awareness program has entailed a detailed discussion about legal remedies available to the acid attack victims and relevant provisions of the Indian Penal Code, 1860.

The best way to prevent such crimes is to create awareness as to means and method to prevent such crimes, the ill effects of sale of acid/prohibited corrosive substances and the consequences which flow from it, remedies available to the victim as per law, availability of free legal aid, provisions relating to compensation and treatment of victim and general public at large.



As per section 12 of Legal Services Authorities Act, Women, Children and acid attack victims are entitled to free legal aid. The session was conducted by Adv. Ms. Rajani and was benefitted to 80 women from the community.

A visit to the Amrit Garden by the Young Entrepreneurs of NIPUN

An exposure visit was organized for the young entrepreneurs of our Beauty & Wellness Unit at Rashtrapati Bhawan, Amrit Garden & India Gate on 14/02/2023. NIPUN is implementing an UMANG Vocational Unit where vocational trainings (Self Employed Tailors, Beauty & Wellness, Computer Literacy & Spoken English) is being imparted to learners who are basically unskilled youth and many of these beneficiaries have been able to sustain their livelihood by utilizing the skills they have developed in the Umang Centre. The purpose of the exposure was to enhance the knowledge about our culture and history of India. 30 adolescent girls enjoyed the day with great motivation and knowledge.



Financial Literacy Camp

A Financial Literacy Camp was organised for the NIPUN - Mahila Mandal with the support of Securities and Exchange Board of India (SEBI) at NIPUN's West Delhi project locations.

During the session, various information like importance of savings, how to save money, budget planning, expenditure planning, importance of accounts in bank, bank interest, liquidity of money, government schemes – Sukanya Samruddhi Yojana, Pradhan Mantri Jan Dhan Yojana, Pradhan Mantri Jeevan Jyoti Yojna, Pradhan Mantri Beema Yojna, Atal Pension Yojna, etc. were shared with all participants. 45 community women were benefitted.



NSS volunteers at NIPUN

Guru Nanak College of Education, Punjabi Bagh, a B.Ed. College collaborated with NIPUN, for a week i.e. from 14th February 2023 to 21st February 2023 under National Service Scheme (NSS). All 16 volunteers of National Social Service Scheme / B.Ed. Course energetically involved with the slum community of West District of Delhi where NIPUN is implementing an integrated community development activities & providing community services to the children, youth, women & differently abled. During the period, all volunteers were actively involved & conducted various activities with children, youth, women, project team & prepared subject wise colorful teaching learning materials for preschool, non-formal & remedial education units on Mathematics, Hindi, English, Science & Social Science. It is further noted that they have also conducted countless joyful & recreational activities like recited poems, rhymes, storytelling sessions, games on mathematics and Social Science. All volunteers of the National Social Service Scheme/B.Ed volunteers provided an opportunity to our preschools, non-formal, remedial education centers beneficiaries, an innovative learning chances to learn in an easy way.

NIPUN thanks all volunteers & Guru Nanak College of Education, Punjabi Bagh for their support.



Abhibhavak Sabha

Parents play an important role in the development of their child's personality. They are their child's first teachers and have the primary responsibility for the child's development.

It is also equally important that Parents and teachers must function together and guide parents to help children learn and grow. NIPUN Education Team across all the project locations are regularly conducting parent's teachers meetings (Abhibhavak Sabha) at community on Pre-School programme and its initiatives to ensure maximum community participation & talked about different aspects of Child Development like health & nutrition, pedagogy of the preschool education & the type of activities etc. 15 Abhibhavak Sabha were organised under preschool programmes in the month of February 2023. During these meetings, 123 mothers enthusiastically attended the meetings and clarified their doubts. Before concluding the Abhibhavak Sabha vote of thanks were delivered by the education team.



T. B. Mukh Jagrukta Abhiyan

Tuberculosis remains a major public health problem in India. Over 2 million people die of tuberculosis worldwide each year and 4 lakh of them die in India alone. NIPUN Team with the support of Delhi T.B. Association organized an awareness programme at Municipal Corporation of Delhi School (MCD), Haidarpur, North Delhi District to sensitize the community to eradicate T.B. problem from the community. During the session, Shri Hariom from Delhi T.B. Association talked on prevention and treatment of Tuberculosis Bacteria. The staff of NIPUN also distributed Information Education Communication materials (IEC) to the community during the session.

50 mothers of NIPUN Day Care Centre have attended the session and several queries were clarified on T.B. during the question answer session.





NIPUN Organizes Parents Education Programme to support the Children

NIPUN organized a parent's education programme to ensure that whatever is achieved in the Preschool (Balwadi) centers, their children are further reinforced and they can be taught at home. The main objective of these activities is to improve & help parents for their children's education and provide maximum opportunities to be made aware of the need for holistic development. Parents of preschool units were taught simple skills of recitation of storytelling, rhymes/poem, use of teaching learning materials, and the role of parents with their children at home. The NIPUN education team handed over teaching learning materials (TLM) to the participants.

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Teaching Learning Materials Utsav - Khelo, Sikho aur Pado

NIPUN organized a “Teaching Learning Materials Utsav - Khelo, Sikho aur Pado” cum an Exhibition on TLM on 21st February 2023 wherein the B.Ed students and NIPUN Education team jointly exhibited their respective teaching learning materials/models based on Hindi, English, Mathematics, Social Science & General Knowledge subject of primary education. Shri. Pradeep Kumar, Founder Secretary – NIPUN inaugurated the Teaching Learning Materials Utsav - Khelo, Sikho aur Pado in the presence of volunteers, children, women and education team.

The purpose of organizing the exhibition was to develop creativity among teachers/learners and also to develop knowledge of procedure of designing the relevant and age appropriate multipurpose teaching learning material to make the lesson comprehensive and meaningful. Ten colorful corners were set based on the subject. In the exhibition flips - chart, flash cards, story, poems, rhymes, blocks, Early Childhood Care, general knowledge, social science & rights of children issues were also focused. In each corner & wall there were approximately 10-15 teaching learning materials displayed. The last corner included the social issues like dowry, gender equality, and rights of Women, POCSO Act and recreational activities & children paintings.



Samuday Swachchta Abhiyan

"Cleanliness is next to Godliness" – Mahatma Gandhi

At NIPUN community, students of Bachelor of Social Work (BSW), Dr. Bhim Rao Ambedkar College, University of Delhi organized Samuday Swachchta Abhiyan with the support of children & youth of Bengali Camp, J.J. Cluster, West District, Delhi on 24th February, 2023. Health is Wealth was the motive behind the Samuday Swachchta Abhiyan. Most of the residents of J.J. Cluster suffer from malignant diseases caused due to improper sanitation and hygiene. The Samuday Swachchta Abhiyan primarily focuses on eradicating the unhealthy practices of open defecation, waste disposal, Hand wash and safe & clean drinking water, etc. & conducted a series of community meetings, door to door counseling for proper disposal of garbage.





NIPUN continues its efforts to achieve its vision i.e. literate, healthy and self-reliant Community through its various programmes. Your support shall strengthen the drive.

You can join our efforts by contributing your time, skills or money for strengthening and improving our programmes. You can also donate computers, books, toys, medicines, ration, furniture etc. for our various programmes. Please note that donations made to NIPUN are eligible for 50% tax exemption under Sec 80G of the IT Act.

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